

Volume 3, Issue 3

March

2026

ELLIOTT EXPRESS



Mission Statement

Quality choices in a caring and inclusive, home-like community.

*A tradition of promoting dignity and independence
for those we serve and their families.*

Save The Date

The Elliott Community's Annual

EASTER EGG HUNT

EGGS WITH CHOCOLATE & OTHER FUN STUFF

FACE PAINTING • PHOTOS WITH THE EASTER BUNNY

FRIDAY, APRIL 3RD

10:00 A.M. SHARP

170 Metcalfe St. (in our Back Courtyard)

Registration starts at 9:15am by the Rainbow walkway in our back parking lot

\$5 ADMISSION PER CHILD! BRING YOUR BASKET!

For more information contact Michelle Holland at 519 822 0491, ext 2366



Donations Needed



Help make our 4th Annual
Elliott Community Easter Egg Hunt
a success!

We're looking for:

- ✔ Foil-wrapped chocolate eggs
- ✔ Small trinkets like stickers, erasers, or tiny toys
- ✔ Larger prizes for the "Golden Eggs"



Event Date:
Friday, April 3rd
at 10:00am



Drop-off Locations
(Until April 1st)

- ✔ Tote by the sign-in station
(Back parking lot entrance)
- ✔ Front lobby of the Ellridge
- ✔ Main Elliott Reception



Your support will help make this a fun
and memorable event. Thank you!



Taste of Ireland

The Hub Cafe
Wednesday, March 18th
11:00 a.m. - 2:00 p.m.

Enjoy a special Irish-inspired
\$12.00 lunch menu



Dublin Coddle



Guinness Stew with Soda Bread

Drop in, dine in, or take out

A cozy midweek gathering filled with
good food, great company, and a touch
of Irish charm



MARCH OUTINGS



Guelph Storm Game Outing

Saturday March 7th Leaving at 3:15pm

Cost is \$10 transportation plus spending money

Shopping at Winners Outing

Tuesday March 10th Leaving at 9:30am

Cost is \$10 transportation plus spending money



Lunch Outing to Kelsey's Restaurant

Friday March 20th Leaving at 11:30 a.m.

Cost is \$10 transportation plus cost of lunch

Music of the Night “The Concert Tour” at

River Run Centre- Sunday March 22nd

Leaving at 1:15 p.m.

Cost is \$69.00 including transportation and ticket



All outings require sign-up through Recreation. Please note that spots are limited, so while we strive to accommodate all requests, availability is not guaranteed.

March Community Centre/Chapel Programs & Events

Thursday March 5th at 2:00 p.m.

International Women's Day Presentation Topic:

The impact of Women in Caregiving Roles

Friday March 6th at 2:00 p.m.

Young Guys 2 Performance

Monday March 9th at 6:30 p.m.

Happy Hour & Classical Piano Recital with Connor

Wednesday March 11th at 10:00am

St. Andrew's Chapel Service

Wednesday March 11th at 2:00 pm

Happy Hour with Paul Horton

Saturday March 14th at 2:00 pm

Finnegan's Irish Dancers Performance

Tuesday March 17th at 2:00 pm

St. Patrick's Party with Kim Atkins

Wednesday March 18th at 10:00am

Roman Catholic Mass & Communion

Thursday March 19th at 2:00pm

Birthday Party with The Beatlest Group

Saturday March 21st at 2:00pm

Spring Pot Planting & Painting with Students

from the University of Guelph

Wednesday March 25th at 10:00am

St. George's Chapel Service

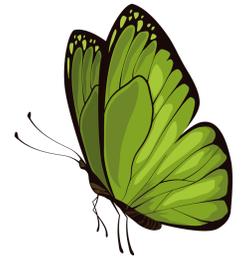
Wednesday March 25th at 2:00pm

Accordion with Gary



Working on our Wings

Updates on The Butterfly Approach for Residents and Families



The Elliott Community is the first long-term care home in Guelph accredited in The Butterfly Approach, an innovative, person-centred and emotion-focused model of care. The Wellington, Fountain and Edinburgh home areas. The Butterfly Approach is in progress on the Eramosa and Paisley home areas. The Elliott Community is working towards accreditation in all long-term care home areas in 2026.

Team Member Training Update

The team has completed their second day of Butterfly Training. This training day enhances our understanding of communication, active listening and the language of Dementia as well as the importance of knowing what's important to the people we care for and to our team members. The next training day will focus on creating a meaningful mealtime experience and supporting a whole-team approach to meaningful engagement. We look forward to seeing these concepts come to life in our home!

Save the Date!

A Butterfly Education and Information Session is coming to Family Council this spring! Family Council presents Butterfly Information and Education for Families Thursday, May 21 at 1:30 p.m.

Following the Family Council meeting, join Lindsay Marinovic, Resident Experience Lead to learn more about what makes The Butterfly Approach special and how family members and visitors can connect and engage as active partners in our Butterfly Community. All family members are invited to attend. Stay tuned for more information!

If you have questions or ideas regarding The Butterfly Approach, please contact Lindsay Marinovic, Resident Experience Lead at 519-822-0491 ext. 2110 or LMarinovic@elliottcommunity.org

INFECTION CONTROL & PREVENTION UPDATE

Your Visit Matters – Let's Keep Everyone Safe

March is still peak season for colds, flu, COVID-19, and other respiratory illnesses. Our residents are especially vulnerable, and your cooperation helps keep them safe and healthy.

Two simple actions make a big difference:

- ✓ Please stay home if you don't feel well.
- ✓ Clean your hands often during your visit.

Not Feeling Well? Please Postpone Your Visit

If you have any symptoms, even mild ones, we kindly ask that you delay your visit. This includes:

- ✓ Cough or sore throat
- ✓ Fever or chills
- ✓ Runny or stuffy nose
- ✓ Body aches or fatigue
- ✓ Upset stomach

Visiting while sick can unintentionally spread germs to residents and staff. Staying home when unwell is one of the most caring things you can do.

INFECTION CONTROL & PREVENTION UPDATE

IPAC Myth-Buster: “If I only have mild symptoms, it’s okay to visit.”

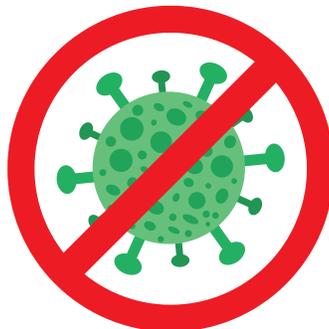
✗ Myth: A small cough or runny nose isn’t a big deal.

✓ Fact: Even mild symptoms can spread infection in long-term care. If you’re not feeling well, please delay your visit to help protect vulnerable residents.

Thank You for Helping Keep Our Home Safe

Your thoughtful actions help protect everyone in our community. By staying home when sick and practicing good hand hygiene, you help ensure a healthier environment for residents, staff, and fellow visitors.

If you have any questions, please speak with a member of our care team – we’re happy to help.

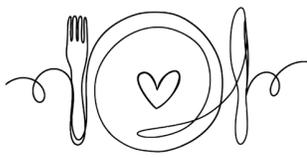




General Store Hours of Operation

	Morning	Afternoon
Monday	9:30-11:30am	12:30-3:30pm
Tuesday	Closed	1:30-3:30pm Closed until March 27th
Wednesday	9:30-12:30pm	12:30-3:30pm
Thursday	9:30-12:30pm	12:30-2:20pm
Friday	9:30 - 12:00pm	Closed
Saturday	Closed	Closed
Sunday	9:30-12:30pm	Closed

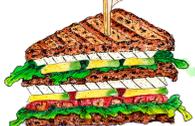
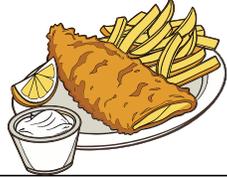
Thank you for your business!



THE HUB
BALNAR FAMILY FOUNDATION
COMMUNITY CAFÉ

MARCH SPECIALS MENU



MONDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Happy Hour & Trivia 6:30-7:30pm</p>	<p>4</p> <p>Shepherds Pie \$12</p> 	<p>5</p> <p>Happy Hour & BINGO 6:30-7:30pm</p>	<p>6</p> <p>Clubhouse & Fries or Onion Rings \$12</p> 
<p>9</p> <p>Happy Hour & Classical Piano Concert with Connor 6:30-7:30pm</p>	<p>11</p> <p>Chicken Parmesan with Baked Penne \$14</p>	<p>12</p> <p>Happy Hour & BINGO 6:30-7:30pm</p>	<p>13</p> <p>Soup & Fresh Bread \$10</p> 
<p>16</p> <p>Happy Hour & Trivia 6:30-7:30pm</p>	<p>18</p> <p> Taste of Ireland Dublin Coddle or Guinness Stew \$12</p>	<p>19</p> <p>Happy Hour & BINGO 6:30-7:30pm</p>	<p>20</p> <p>Pizza Day! \$12</p> 
<p>23</p> <p>Happy Hour & Trivia 6:30-7:30pm</p>	<p>25</p> <p>Build your own Salad Bar \$12</p> 	<p>26</p> <p>Happy Hour & BINGO 6:30-7:30pm</p>	<p>27</p> <p>Fish & Chips \$14</p> 

**Monday and Thursdays-
Happy Hour 6:30-7:30pm
\$5.00/alcoholic drink (1 drink maximum)**

**Wednesdays & Fridays:
11:00am-2:00pm Lunch**

